



City of San Diego Park and Recreation Department

Rancho Bernardo Glassman Recreation Center

18448 West Bernardo Drive, San Diego, CA, 92127 858-538-8129

"WE ENRICH LIVES THROUGH QUALITY PARKS

AND PROGRAMS" www.sandiego.gov



SPRING 2012

REGISTRATION INFORMATION

Hours Registrations & Permits Processed:

Mondays & Wednesdays – 2:00-6:00PM

Fridays – 2:00 – 5:00PM

4th Saturday 10:00 AM– 1:00PM

- *Registration is taken on a first come, first serve basis.
- *Payment is required at time of registration.
- *Please pay with EXACT cash or check made payable to RBRC. Credit cards are not accepted.
- *Children under 18 must be registered by parent or legal guardian.
- *Class fees are not prorated or discounted for late registration or missed classes.
- *Registration and refund requests are not accepted after the 2nd class meeting.
- *NO Partial refunds for missed classes (ie. routine illness, vacations, schedule conflicts)
- *There is a \$35.00 service charge for all returned checks.

HOURS OF OPERATION

Hours are subject to change without notice

Monday, Wednesday 12:00 pm – 6:45 pm

Tuesday, Thursday 12:00 pm – 7:45 pm

Friday 2:00 pm – 5:45 pm

Saturday 9:00 am – 2:45pm

Beginning April 28th there will be an increase in weekly hours; the center will be open 5 additional hours.

HOLIDAY CLOSURES



May 28

March 30

July 4

RECREATION COUNCIL

Rancho Bernardo Glassman Recreation Center is a public facility operated by the City of San Diego Park and Recreation Department and the Rancho Bernardo Recreation Council. In 2007, the Recreation Center building was renamed and dedicated to Stuart Glassman. Mr. Glassman was a charter member of the Recreation Council for many years. The council meets the first Wednesday of the month at 7:00pm.

April 4
May 2
June 6



OUR VALUED STAFF

Cathy Lawler	Area Manager II
Teri Adams	Center Director III
John Fox	Ground Maintenance II
Ty Racicot	Recreation Leader I
Karlene Blackburn	Recreation Leader I
Dillon Thinnis	Recreation Leader I
Cheyenne Yari	Recreation Leader I
Leticia Smith-Davenport	Recreation Leader I

AED ON SITE IN THE Main Office of the RECREATION CENTER.



ALL CITY OF SAN DIEGO PARKS & BEACHES ARE SMOKE FREE.

Youth Activities

SAN DIEGO PARK AND RECREATION DEPARTMENT DANCE CLASSES

The city of San Diego Dance Department conducts this popular and fun dance program. Dance for Life...Dance for Health...Dance for Joy! Classes consist of tap, jazz, ballet, and hip hop.

Days: Saturdays, June 30- September 1

Cost: \$48.00/ Per Semester

Ages: 4-Adult

Registration is through the instructor. Returning students have first priority. **Registration is Saturday June 23.** Specific questions regarding this program should be directed to the Dance Instructor on site.

For more info: 619-525-8258 or

www.civildancearts.org



FLIPTIME GYMNASTICS

CLASS DATES: Apr 16-May 7; May 14- June 11;
June 18- July 9

Four Weeks \$54.00 - no prorating (No Class 5/28)

****CLASSES ON MONDAY****

FLIPTIME @ provides its students the opportunity to break through the boundaries of presumed limits by creating a world of excitement all within a safe nurturing environment. Lesson plans are packed with fun filled curriculum ideas with circuit training and Kid sized gymnastic apparatus to develop strength, motor skills and flexibility.

Super Tots: Ages 3yrs-5yrs Time: 3-3:45PM

Shooting Stars: Ages 6yrs and up Time 3:50-4:35PM

IT'S BACK!! DODGEBALL

If you ask any kid what their favorite game is, it is Dodgeball!

The Staff at our Recreation Center give kids the opportunity to play Dodgeball in the gym one day a week!

It is free! Anyone can come & join the fun!

Liability form must be signed by parent/guardian before child can play.

Parents are encouraged to stay and play with/against their children!

When: Every TUES **Where:** RB Gym

Time: 4-5PM **Price:** Free **Age:** 6-14

All Times and Dates Subject to Change without Notice

EVOLvE

DANCE TODAY FOR YOUR LIFE TOMORROW
EvOLvE Dance - www.dancetoevolve.com

12 wk sessions April 9-June 30

6 wk sessions April 9-May 19; May 21-June 30

3 students minimum for classes

MONDAYS

3:00 Tiny Movers Tap/Ballet (3-4 yrs)

4:00 Star Shiners Tap/Ballet (4.5 - 6 yrs)

5:00 Hip Hop (3-6 years) ****NEW****

TUESDAYS

9:45 Magical Munchkins Tap/Ballet (2-3)

10:35 Tiny Movers Tap/Ballet (3-4 yrs)

11:35 Star Shiners Tap/Ballet (4.5 - 6 yrs)

ANNUAL RECITAL Affordable, high quality
& fun dance classes near you.

BREAKING SESSIONS

Ever wanted to learn some authentic breaking?

Need a place to practice your moves?

Want to get some good exercise?

OG B-Boy Ronnie "Ronzone" Isaguirre and the Rancho Bernardo Recreation Center bring you practice sessions. Whether you are beginner or advanced, the dance room is available for you once a week for FREE!

Come learn and practice with us!

Anyone can come and join the fun! Music will be provided! Parent/Guardian must sign liability form before child can participate

TIME: 4:00 p.m.-6:30 p.m. **DAY:** Wednesday **COST:** Free

****Kajukenbo Karate**

This program is designed to promote a higher level of Self-Confidence, Improve Self-Esteem, Discipline, Concentration, and Coordination. It also improves social interactions and academic performance! ONLY Self-Defense is promoted! Come try one class for free!

See Instructor to register

~ Karate, Judo, Ju-Jitsu, Kenpo, Chinese Boxing

Days: Tuesdays and Thursdays

Time: 5:30 – 6:30 pm

Ages: 7yrs – Adult

Instructor: Sifu Ronnie F. Isaguirre

www.Kick411.com

Text or call (858)-336-9191

FREE KARATE

Beginners and New Students

Ever wanted to try Martial Arts? Now you can try it for FREE! Gain Self-Confidence, improve Self-Esteem, Discipline, Concentration, Coordination and Fitness. Children and adults train together in a positive environment.

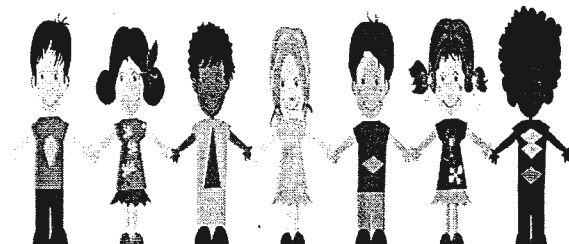
Time: Tuesdays, 4:30-5:15

Cost: Free * Space Is Limited, Waitlist Available
Registration 1st week of the month. (Class for white belt)

Instructor: Sifu Ronnie F. Isaguirre, 5th Degree Black Belt
www.kick411.com, Call (858)- 336- 9191



Program Tiny Tots



Children will learn the Basic Yoga, ABC's, Numbers, Art & Crafts, Sharing, Playtime, Dance, Story time & much much more!

Instructor: Neha Patel

Ages: 3-5 Years (Must be potty trained)

Dates: 4/11-4/27; 5/2-5/25

Days: Wednesday & Friday

Hours: 9:30am -12:30pm

Price: \$112.50(April), \$150.00(May)

*Contact: Rancho Bernardo Recreation Center at
(858) 538-8129*

Beginning Tennis Lessons

Learn the basics of tennis in a fun and exciting environment at the RB Tennis Club.

Sign up at the Tennis center

Find out all the information you need:

PH# 858-487-9698

Email Scott Davis: rbtc_scott@cox.net



Basketball, Football, Soccer, Jr. Sports, Baseball
and more!

Register online at

www.MASTERyourSPORTS.com

Important Information to Know

R.B. Recreational Soccer	www.FCSanDiego.com
R.B. Pop Warner	www.RBPopWarner.org
R.B. Little League	www.RBLL.org
RB Youth Basketball	www.RBYBL.com
R.B. Girls Softball	www.RBGirlsSoftball.org
R.B. Tennis Center	858-487-9698
Ed Brown Senior Center	858-487-9324
Lake Hodges Lawn Bowl	858-679-1867 www.Joslynlakehodgeslbc.com
R.B. Dog Park	858-538-8129 www.RanchoBernardoDogPark.com

Adult Softball & Basketball Leagues

Scripps Ranch Recreation	858-538-8085
Carmel Mtn. Ranch Recreation	858-538-8100

Zumba	www.thezumbaclass.com 858-376-7088
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RECYCLING BIN

RBRC has a community-recycling bin located next to the outdoor basketball courts. We have a CO-Mingle bin which is for all your glass, plastic, metals and paper recyclables. PLEASE DO NOT OVERFLOW. Please breakdown cardboard. All proceeds go to support the Rancho Bernardo Recreation Center. Thank you for your support.

Requirements for Independent Contractors

1. All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan Process
2. Contractor must submit a business license and proof of insurance
3. City staff handles all registration for the program
4. Contractor must provide Worker's Comp. coverage for all employees

Permit Holder Requirements*

1. Must provide proof of insurance
 2. Must provide own advertisement for program
 3. Registration is not required to submit proof of fingerprinting for their coaches, volunteers and/or instructors.
- All Permit Holders are identified with an **asterisk on this program.

GOOD DOG

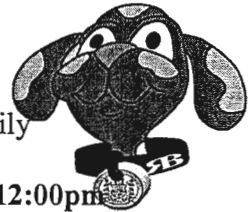
TRAINING SCHOOL

Introductory obedience classes for puppies & adult dogs. No metal choke chains or pinch collars allowed. We do not need them! Your dog learns to walk without pulling. Dogs must have updated shots. Please arrive twenty minutes early before class. Classes are held rain or shine.

Classes held Thursday evenings at 6:30pm
June 14-July 19 and Aug. 2-Sept. 6

For information, please call 858-748-7943

Rancho Bernardo Dog Park



Hours: Dawn till Dusk Daily
Dog Park is closed every
Thursday from 8:00am -12:00pm
for maintenance.

Feel free to check the website for any additional updates
www.RanchoBernardodogpark.com
REMEMBER; KEEP YOUR DOG ON A LEASH DURING YOUR CITY
PARK VISIT. **IT IS THE LAW.** Municipal Code 63.010

A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX).

IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 525-5242) OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.