



THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"



Doyle Recreation Center

8175 Regents Road • San Diego, CA 92122 • (858) 552-1612 • www.sandiego.gov

Spring 2012 Program

Effective through June 30, 2012



PROGRAMS AND FEES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

All City of San Diego parks and beaches are smoke free.

RECREATION CENTER INFORMATION

GENERAL INFORMATION

HOURS OF OPERATION

Monday	11:00am - 6:00pm
Tuesday	11:00am - 7:00pm
Wednesday	11:00am - 8:00pm
Thursday	11:00am - 8:30pm
Friday	12:30pm - 6:00pm
Saturday	9:30am - 1:30pm

*Subject to change without prior notice.

RECREATION CENTER CLOSURES

Friday, March 30, 2012	César Chávez Day Observed
Monday, May 28, 2012	Memorial Day

PARK STAFF

Angel Castro	Center Director
Danielle Nourie-Burns	Recreation Leader
Roosbeh Ravansari	Recreation Leader
Norma Reyes	Recreation Leader
Mathew Sanders	Recreation Leader
Carolina Villa	Recreation Leader
Anthony Anderson	Grounds Maintenance Worker II
Sonya Thompson	Grounds Maintenance Worker II
Vincent Culverson	Grounds Maintenance Worker II

PHONE NUMBERS

DOYLE PARK	(858) 552-1612
STANDLEY PARK	(858) 552-1652
SWANSON POOL	(858) 552-1653
MASTER SPORTS	(858) 518-1315
SAY - AFTERSCHOOL	(858) 565-4148
UC LIBRARY	(858) 552-1655
THERAPEUTIC SERVICES	(619) 525-8247
MESA SOCCER	(858) 558-MESA
UC LITTLE LEAGUE	(858) 646-9595
CO-ED MEN'S SOFTBALL	(858) 453-6208
CITY ADULT SOFTBALL	(619) 584-4263
NOBEL PARK	(858) 552-1626
OUR WEBSITE	www.sandiego.gov

Log On Today!

RECREATION COUNCIL

The Doyle Recreation Council meets the fourth Tuesday of the month. Everyone is welcome; we need your input. Call the Center Director at (858) 552-1601 for more details!

RECYCLING BINS

(North end of parking lot)
ALL RECYCLABLES



REGISTRATION INFORMATION:

A parent or legal guardian can register participants under the age of 18 years old. All participants must present proof of payment to the instructor on the first day of class. No registration can be taken or refunds issued after the second class meeting.

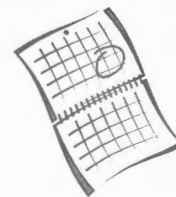
Please register early as classes fill up or are cancelled due to lack of enrollment. No make up classes for closures due to holidays. **Please see page 6 for dates and times of our Tiny Tot registration.**

ATTENTION: ALL FEES MUST BE PAID IN FULL PRIOR TO ATTENDING THE CLASS. Make checks payable to Doyle Park or pay with exact cash. There will be a \$25.00 service charge on all returned checks. Classes not meeting the minimum number of students may be cancelled.

CLASS REGISTRATION WILL BE TAKEN:

Monday	12:00pm - 5:30pm
Tuesday	2:00pm - 6:00pm
Wednesday	12:00pm - 6:00pm
Thursday	12:00pm - 7:00pm

No registration taken on Friday and Saturday.



DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs.

For more information on how you can become a donor to your favorite park, pool or recreation program, please call Clay Bingham, Deputy Director CPI Division, (619) 221-8910.

VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml or contact the Volunteer Office at (619) 533-4017.

Volunteers and donations keep our programs going. If you want to donate a specific item or if you would prefer to donate a monetary amount, please contact the Center Director at (858) 552-1601.

INDIVIDUALS WITH SPECIAL NEEDS

All classes can accommodate persons with special needs. Therapeutic Recreation Services staff will provide additional assistance along with Doyle Recreation Center staff. For further information, please inquire at the center office or contact Therapeutic Services at (619) 525-8247.

YOUTH ACTIVITIES

TINY TOTS

3 - 5 years old

This class offers young children the opportunity to socialize, learn and have fun in a safe environment. School setting and daily activities prepare your child for Kindergarten curriculum.

Activities include language, handwriting, math, crafts, music, games, outdoor play and more!

Please bring a lunch & small snack daily. A glue stick & box of wipes/tissue needed on 1st day. Child must be **FULLY** potty-trained. DATE OF BIRTH VERIFICATION IS REQUIRED FOR ALL NEW STUDENTS. Limited to 24 enrolled. *This is a drop off program, not a parent participation class.*

Instructor: Juliette Suleiman, (858) 231-8231
Monday - Thursday 9:00am - 1:50pm

4/23 - 5/24

\$495/5 weeks

Registration begins: April 9, 2012 (Returning Student)
April 16, 2012 (New Student)

5/29 - 6/28 (No class 5/28)

\$495/5 weeks

Registration begins: May 14, 2012 (Returning Student)
May 21, 2012 (New Student)

All Monday Registrations begin at 11:00am.

For more information please call Juliette Suleiman at (858) 231-8231.



USA KYOKUSHIN KARATE ACADEMY

"KARATE TRAINING FOR YOUNG WARRIORS"

We teach a style of karate which is perfect for kids and youth self defense....change attitudes...change lives...with serious training.

Day: Tuesday and/or Thursday
Time/Age: 4:00 - 4:45pm 3 - 5 years (Little Warriors)
4:45 - 5:45pm 6 - 12 years
Session 1: 4/10 - 5/10
Session 2: 5/15 - 6/14
Cost: 1 day per week - \$60/5 weeks
2 days per week - \$95/5 weeks
Instructor: Sensei Adam Seyedin



KIDZ KAMP

Our best after school program!

Mon./Tues./Thurs./Fri. 2:00pm - 6:00pm
Wednesday 11:45am - 6:00pm
Cost: Daily \$18.00
Wednesday \$23.00
Weekly \$90.00



Includes pick up at Doyle Elementary School, homework time, snack, various supervised games, crafts, movies and many more activities.

PAYMENTS MUST BE RECEIVED PRIOR TO ATTENDING.

There will be no refunds.

If you have any questions please call (858) 452-3866 or visit our website at www.SDKIDZKAMP.com

ARCHERY

Bullseye! Learn the basic skills of shooting a bow and arrow with a nationally certified USA Archery Instructor. Beginners will learn proper and safe technique. The class will consist of shooting balloons, playing games and learning different styles of archery. All equipment is provided. Class meets in the gymnasium.

Thursday
Beginner: 5:00 - 6:00pm (youth and adults)
Intermediate: 6:00 - 7:00pm (youth and adults)
Session: SUMMER 2012
(PENDING GYM AVAILABILITY)

Please call the Rec Center office for more information.

Cost: \$60/6 weeks
Instructor: Tara Robey, (858) 254-4058
www.usarcheryhouse.com



MASTER SPORTS PROGRAMS

CO-ED SOCCER SKILLS*

Master Sports Coaches will help aspiring young students improve their ball handling, goal scoring, passing, confidence and more. With fun and creative ways to improve all aspects of the game. Includes soccer ball and T-shirt.

Day: Wednesday
4 - 5 years old 1:00pm - 1:50pm
6 - 11 years old 2:00pm - 3:00pm
Session: 3/28 - 5/16/12



JUNIOR SPORTS*

Our coaching philosophy is to give each participant a foundation in soccer, basketball, tee-ball, flag football & track incorporating rules of the sport into modified games appropriate for each age group. We will capture their imagination while improving coordination and strength. Includes sports ball and T-shirt.

Day: Wednesday
3 - 4 years old 3:00pm - 3:50pm
Session: 3/28 - 5/16/12



FOR ALL MASTER SPORTS PROGRAMS:

Cost: \$105/8 weeks

All instruction provided by Master Sports Staff.
Call Dan at (858) 518-1315 for further information.

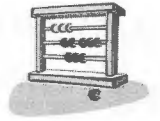
To register for Master Sports Programs please visit:
www.MASTERyourSPORTS.com



* Master Sports rents facility space from the City of San Diego and Doyle Recreation Center to operate their programs. Distributing registration and program information is the responsibility of this individual business.

Please contact them directly for all program inquiries.

YOUTH ACTIVITIES



PRE-BALLET

4 - 5 years old 2:00pm - 2:45pm
Introduction to ballet encompassing awareness of music; the language of ballet; pantomime; following directions; & body discipline based on the principle of ballet.

BALLET A

6 years old & up 2:45pm - 3:30pm
This class has the same structure as PRE-BALLET class, but more focused & less playful. Introducing Laganov techniques of visualization and focusing.

BALLET A (Advanced)

6 years old & up 3:30pm - 4:30pm
This class is by appointment only. Students are introduced to the techniques needed to advance in ballet. Those interested in more advanced youth or adult intermediate classes should contact Nanci Hunter at (858) 453-3940.

FOR ALL BALLET CLASSES:

Day: Wednesday
Session 1: 3/28 - 4/25
Session 2: 5/9 - 6/6
Cost: \$50/5 weeks
Instructor: Nanci Hunter, (858) 453-3940



ART MIX

Drawing! Painting! Cartooning! Clay Modeling!

In this popular art class children will paint, draw, design, sculpt, sketch, cartoon, and explore using a variety of art materials in a friendly structured atmosphere. Students will learn a variety of art concepts such as composition, portraiture, still life and color theory, animal drawing and shading and more. Your child's portfolio will be filled with beautiful works of art to treasure.

6 years & older
Friday 4:30pm - 5:45pm
Session 1: 4/13 - 6/15
Cost: \$140/10 lessons
(\$10.00 material fee to instructor on first day, \$3 for continuing students)
Instructor: Victoria Polyak, M.A. Visual Arts
www.victoriapolyak.com



GUITAR LESSONS

This class will be offered to all ages and is geared toward beginners. Students bring their own guitars.

Monday 5:00pm - 6:00pm
Session 1: 3/26 - 4/23
Session 2: 5/7 - 6/4
Cost: \$75/5 weeks
Instructor: Lesley Alexander, (858) 204-5697



SHENMO MENTAL MATH

This class offers young children Chinese traditional mental math skills by playing the abacus. It not only adds to kids' academic learning but also helps to develop abilities of observation, memorizing, imagination, thinking and concentration. All new students enroll in Level 1. Returning students must obtain instructor approval to enroll in Level 2. This activity is appropriate for children age 4 and up.

6:30pm - 8:20 pm Thursday Level 2
9:30am - 11:30am Saturday Level 1

Cost: \$150/10 weeks
Session: Saturday 4/12 - 6/23
Thursday 4/14 - 6/21
Instructor: Shenmo Mental Math Certificated Teacher
For more information please call Xiuli Chen at 858-652-8884.

HIP HOP DANCE with Dance to EvOLvE



HIP HOP

Saturday 10:15am - 11:10am 3 - 6 years

This fun high-energy class enables boys to be boys and girls to let loose while developing creativity, coordination, musicality and listening skills. Activities include basic hip-hop moves, tumbling, and dance games in a non-stop environment.

HIP HOP

Saturday 11:15am - 12:10pm 7 - 12 years

A fun high-energy hip hop class that will definitely have you movin' to the beats. Don't be intimidated...great for those who want to learn hip hop and push their creativity. All music and moves are age appropriate.

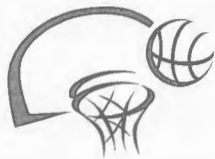
Take a TRIAL CLASS!

For more information, visit www.danceto evolve.com, call (858) 876-5327 or email info@danceto evolve.com.

Session 1: 4/14 - 5/19 (6 weeks)
Session 2: 5/26 - 6/30 (6 weeks)
Sessions 1 & 2: 4/14 - 6/30 (12 weeks)

Cost: Session 1, \$89
Session 2, \$89
Sessions 1 & 2, \$168 (Save \$10!)
Instructor: Dance to EvOLvE, (858) 876-5327
www.danceto evolve.com





**THE GYMNASIUM IS
CLOSED FOR REPAIRS.**

OUTDOOR COURTS ARE AVAILABLE.

Please call the Recreation Center office for more information
at (858) 552-1612.

WEIGHT ROOM

Participants must be 18 years of age.
You must wear shirt and shoes.
Available during Recreation Center hours of
operation.

Cost: \$5/day
\$10/month
\$40/6 months
\$60/1 year



*Having a party
or other event
at the park?*

**PERMIT PROCESSING
DAYS AND TIMES
BY APPOINTMENT ONLY**

**Please call the Center Director at
(858) 552-1601 to schedule
an appointment.**



FREE!

BRIDGE CLUB

Come join the fun and play bridge
with some new friends.



Day: Thursday
Time: 9:30am - 1:00pm

Requirements for Independent Contractors

1. All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan Process.
2. Contractors must submit a business license and proof of insurance.
3. City staff handles all registration for the program.
4. Contractor must provide Worker's Comp. coverage for all employees.

Permit Holder Requirements

1. Must provide proof of insurance.
2. Must provide own advertisement for program.
3. Registration handled by the permit holder.

Note: Permit Holder is not required to submit proof of fingerprinting for their coaches, volunteers and/or instructors

*All Permit Holders are identified with an *asterisk on this program.



ADULT ACTIVITIES

FREE CLASSES!

Offered by S.D. Community College,
(619) 221-6973

CREATIVE CARD CLASS

Artful cards for every occasion using rubber stamps, stencils, paper folding, embossing, pens, paint and new products.

Day: Monday
Time: 10:00am - 1:00pm
Cost: Free
Instructor: Marcia Reed
Session: 1/9/12 - Ongoing



San Diego Continuing Education Classes for those 55+ who engage in active health regimes and physical activities. Instruction in health and wellness topics are supported with physical activities.

IMPROVING HEALTH THROUGH RHYTHMIC MOVEMENT (includes International Music)

Cost: Free
Day: Tuesdays
Time: Beginning 9:00am - 10:30am
Intermediate 10:30am - 12:00pm
Instructor: Martha Awdziejewicz
Session: 1/3/12 - Ongoing

These classes are offered as a convenience by San Diego Continuing Education's Emeritus/Older Adult program.

ARCHERY

Bullseye! Learn the basic skills of shooting a bow and arrow with a nationally certified USA Archery Instructor. Beginners will learn proper and safe technique. The class will consist of shooting balloons, playing games and learning different styles of archery. All equipment is provided. Class meets in the gymnasium.

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Intermediate: 6:00 - 7:00pm (youth and adults)
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Please call the Rec Center office for more information.

Cost: \$60/6 weeks
Instructor: Tara Robey, (858) 254-4058
www.usarcheryhouse.com



GUITAR LESSONS

This class will be offered to adults and is geared toward beginners. Students bring their own guitars.

Monday 6:00pm - 7:00pm
Session 1: 3/26 - 4/23
Session 2: 5/7 - 6/4
Cost: \$75/5 weeks
Instructor: Lesley Alexander, (858) 204-5697



CARDIO DANCE FITNESS

Enjoy fun cardio routines designed for all levels using a variety of dance styles. This program includes core strengthening & muscle toning exercises followed by relaxing stretches for a complete body workout.

Benefits of cardio exercise and strength training include increase strength, endurance and stamina, burns calories, fat loss, lowers total cholesterol, improves muscle tone, increases bone density, better sleep and improve your quality of life. Please bring a towel.

Day: Monday & Thursday
Time: 5:45 - 7:00pm
Session 1: 4/2 - 5/10
Session 2: 5/14 - 6/25
Cost: \$45/1 day per week (6 classes)
\$75/2 days per week (12 classes)
Instructor: Darla Bergen, ACE, YogaFit & Fitour Certified

*Register for Cardio Dance Fitness
& Fitness Yoga together
for \$95, 3 x per week
(18 classes)!*



FITNESS YOGA

This fitness approach to yoga combines traditional yoga postures with core strengthening Pilates exercises to enhance your mind and body by promoting muscle tone, strength, flexibility, posture improvement, body awareness along with stress reduction and relaxation. This class is suitable for all fitness levels. Please bring a towel.

Day: Wednesday
Time: 5:45 - 7:00pm
Session 1: 4/4 - 5/9
Session 2: 5/16 - 6/20
Cost: \$45/6 weeks
Instructor: Darla Bergen, ACE, YogaFit & Fitour Certified



Weight Room

Doyle Park and Recreation Center
8175 Regents Road
San Diego, CA 92122
(858) 552-1612



HOURS

Monday: 11am-5:45pm
Tuesday: 11am-6:45pm
Wednesday: 11am- 7:45pm
Thursday: 11am-8:15pm
Friday: 12:30pm-5:45pm
Saturday: 9:30am-1:15pm

*Hours subject to change without prior notice.

Membership Fees

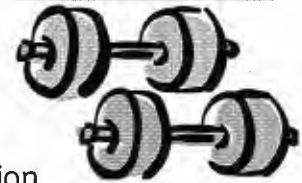
\$5 per day
\$10 per month
\$40 per six months
\$60 per year

*We accept checks and EXACT cash only

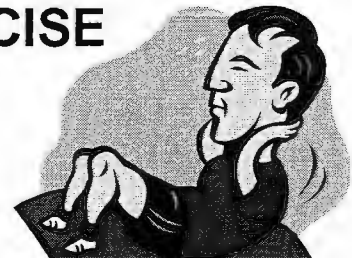
*Please make checks payable to Doyle Park

Rules

- Always **SIGN-IN** at the office when entering, pins for weight lifting machines can be borrowed from the office if needed.
- No pets of any kind allowed in or around the proximity of the weight room.
- No glass containers
- Appropriate work-out attire must be worn: Shirts, closed-toe shoes
- No one under the age of 18 permitted in the Weight Room, **NO EXCEPTIONS**
- No disruptive behavior
- Bring a towel, this is a **MUST** for weight room use
- Set weights down easy, do not drop them.
- **Wipe down and put away all equipment after use**
- Do not allow anyone in the weight room without authorization
- Please remember, your membership will be revoked and no refund provided if any of the above stated rules are violated.



THANK YOU FOR CHOOSING TO EXERCISE AT THE DOYLE WEIGHT ROOM!



Doyle Community Park
8175 Regents Rd.
San Diego, CA 92122
(858)552-1612

Tiny Tots

REGISTRATION INFO:

SESSION 1:

Feb. 6-March 8, 2012

\$495.00 (5 weeks)

Returning Student: 01/23/12

New Student: 01/30/12

**NO CLASS 2/20/12 President's day

SESSION 2:

March 12- April 19, 2012

\$495.00 (5 weeks)

Returning Student: 02/27/12

New Student: 03/05/12

No class 4/02-04/05 Spring Break

SESSION 3:

April 23-May 24, 2012

\$495.00 (5 weeks)

Returning student: 04/09/12

New Student: 04/16/12

SESSION 4:

May 29-June 28, 2012

\$495.00 (5 weeks)

Returning student: 05/14/12

New Student: 05/21/12

NO CLASS 05/28/12 Memorial Day

NO REFUNDS WILL BE GIVEN AFTER
SECOND CLASS MEETING.



MONDAY-THURSDAY
9:00AM-1:50PM

This class offers young children the opportunity to socialize, learn and have fun in a safe environment. School setting and daily activities prepare your child for Kindergarten curriculum. Activities include language, handwriting, math, crafts, music, games, outdoor play and more!

Please bring a lunch & small snack daily. A glue stick & box of wipes/tissue needed on 1st day. Child must be FULLY potty-trained. DATE OF BIRTH VERIFICATION IS REQUIRED FOR ALL NEW STUDENTS. Limited to 24 enrolled. This is a *drop off program, not a parent participation class.*

"Explore, Learn, Grow"

Ms. JuJu (Juliette) 858-231-8231

E-mail: tinytots.js@gmail.com

